

**Dr. Amarpreet Singh**  
**Assistant Professor,**  
**Department of Physical Education,**  
**Punjabi University, Patiala, 147002**  
**Punjab.**  
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**Educational Qualification:**

- Ph.D. Physical Education, (2012), Punjabi University, Patiala, 147002, India.
- UGC-NET Physical Education (June 2005)

<b>Exam Passed</b>	<b>Specialization</b>	<b>Board/ University</b>	<b>Passing Year</b>	<b>Class/Division</b>	<b>% Marks</b>
<b>10+2</b>	History, Pol.Science, Eng, Punjabi	P.S.E.B.	March 1999	295/450 First division	65.55 %
<b>B.A</b>	Arts	Punjabi University Patiala	April, 2002	1350/2400 Second Division	56.25 %
<b>D.P.Ed</b>	Physical Education	Punjabi University Patiala	April, 2003	828/1250 First division	66.24 %
<b>M.P.Ed</b>	Physical Education	Punjabi University Patiala	May, 2005	1174/1600 First division	73.37 %
<b>M.Phil</b>	Physical Education	Bhartahidasan Uni TamilNadu	Dec, 2007	419/500 First division (Distinction)	83.8%
<b>Ph.D</b>	Physical Education	Punjabi University Patiala	2012		

**Title of Ph.D Thesis:** “Study of Physiological, Body Composition and Psychomotor Variables of Basketball Players at Different Levels of Competition”

**Specialization:** Sports Training, Measurement and Evaluation, Statistics.

**Game Specialization:** Basketball.

**Experience: *Nine (9) Years***

<b>Sr. No</b>	<b>Name and address of Employer</b>	<b>Post Held</b>	<b>From</b>	<b>To</b>	<b>Brief Description of Duties</b>
1.	Dept. Physical Education, Punjabi University Patiala	Assistant Professor (adhoc)	31-1-2006	30-4-2006	Teaching
2.	Dept. Physical Education, Punjabi University Patiala	Assistant Professor (adhoc)	24-7-2006	20-6-2011	Teaching
2.	Dept. Physical Education, Punjabi University Patiala	Assistant Professor	20-6-2011	1-6-2015	Teaching

## **International Publications in Journals/ Books:**

1. **Amarpreet Singh**, Teketel Abrham (2015) "Effect of peer-learning method on the development of students' skill performance" International Journal of Physical Education, Sports and Health; Vol.:2, Issue: 2, Part: E, Online –ISSN No. :2394-1693, Print –ISSN No. 2394-1685 Impact Factor (ISRA):4.69
2. **Amarpreet Singh**, Baljinder Singh (2015) "Comparative study of selected anthropometric variables between defenders and midfielders in football" International Journal of Applied Research 2015; 1(12): 91-93 ISSN Print: 2394-7500 ISSN Online: 2394-5869 Impact Factor: 5.2
3. Saravjeet Kaur, **Amarpreet Singh** (2015) "Comparative Study of Cardiovascular Fitness of Hostel Girls of Punjabi University Patiala" International Journal of Applied Research 2015; 1(12): 244-245 ISSN Print: 2394-7500 ISSN Online: 2394-5869 Impact Factor: 5.2
4. **Dr. Amarpreet Singh**, Navdeep Singh (2015) "Effects of Plyometrics Training programme on jumping ability of junior men basketball players" Online International Interdisciplinary Research Journal, Bi-Monthly, ISSN 2249-9598, Volume-V.
5. **Dr. Amarpreet Singh** (2015) "Analysis of Body Composition and Psychomotor Variables between Under-19 School and Inter college Basketball Players" International Journal of Social Science and Humanities Research, ISSN 2348-3164.
6. **Dr. Amarpreet Singh** (2015) "Analysis of Body Composition and Psychomotor Variables of Basketball Players at Different Levels of Competition" Sports, Health and Sports Economics, ISBN 978-93-80748-86-3.
7. **Dr. Amarpreet Singh, Jaspreet Kaur** (2015) "Comparative study Of Selected Somato type Profile between Active and Sedentary Females of Punjabi University, Patiala" Sports, Health and Sports Economics, ISBN 978-93-80748-86-3.
8. **Dr. Amarpreet Singh** (2014) " Evaluation of visceral fat and body mass index variables between teaching and non teaching women staff of Punjabi university, Patiala" Indian Journal of Sport Science and Physical Education (IASSPE), ISSN 0971-0140, Vol. 22 No. 1&2 Jan and July 2014.
9. Upma Bhagat, **Dr. Amarpreet Singh**, Dr. Nishan Singh Deol (2015) "Comparative Study of Selected Anthropometric, Physical Fitness and Psychological Variables between Softball and Cricket State Level Boys Players" Indian Journal of Applied Research, June 2015 vol. 5, issue: 6, ISSN: 2249-555X, Impact Factor: 3.6241.
10. Mohammad Shahid, **Dr. Amarpreet Singh** (2015) "The Study of Achievement Motivation of Football Players at the Different Levels of Competition" Global Journal for Research Analysis, Volume-4, Issue-6, June-2015, ISSN No: 2277 – 8160.

11. Harmandeep Singh Brar, **Dr. Amarpreet Singh** (2015) "A comparative study on eating disorders among German and Indian school teachers" International Journal of Physical Education, Sports and Health, E-ISSN: 2394-1693, IJPESH 2015; 1(6): 34-36.
12. Saravjeet kaur, Dr. **Amarpreet Singh (2015)** "Comparative Study of Cardiovascular Fitness of Different Age (12to 17) groups of Girls Students" Global Excellence in Fitness and Sports Science, Vol-I, ISBN:978-81-89463-96-0.
13. Navdeep singh, Dr. Nishan Singh Deol, **Dr. Amarpreet Singh** (2015) "Association of warming up, cooling down and stretching with past, injury in male athletes of Punjabi university, Patiala" Global Excellence in Fitness and Sports Science, Vol-I, ISBN: 978-81-89463-96-0.
14. **Dr. Amarpreet Singh**, Santosh Kumar (2014) "comparison of vital capacity of junior basketball players" Global Scientific Conference on Physical Education, Health & Sports Sciences, Vol. 2, January 2014, ISBN:978-93-8014-516-7.
15. **Dr. Amarpreet Singh**, Nishan Singh Deol, Navdeep Singh (2014) "Evaluation of Differentiation and Orientation Abilities of Basketball Players At Different Levels of Competition" Global Scientific Conference on Physical Education, Health & Sports Sciences, Vol. 1, January 2014, ISBN:978-93-8014-515-0.
16. **Dr. Amarpreet Singh**, Navdeep Singh, Jasbir Singh (2014) "Study of Forced Vital Capacity and Maximum Oxygen Consumption of Basketball Players at Different Levels of Competition" Global Scientific Conference on Physical Education, Health & Sports Sciences, Vol. 1, January 2014, ISBN:978-93-8014-515-0.
17. Jaspreet Kaur, **Dr. Amarpreet Singh** (2014) "Comparative Study Of Selected Anthropometric Variables Between Active And Sedentary Females Of Punjabi University Patiala" International Education E-Journal, Volume -III, Issue-IV, Oct-Nov-Dec 2014, ISSN; 2277-2456, Impact Factor-2.325.
18. Chandni Jaswal, **Dr. Amarpreet Singh**, Dr. Nishan Singh Deol (2014) "Comparative study of selected Somatotype and Anthropometric variables of Active and Sedentary Females of Punjabi university, Patiala" International Journal Of Behavioral Social And Movement Sciences, Vol.03, April 2014, Issue02, ISSN: 2277-7547.
19. **Dr. Amarpreet Singh** (2013) "Study Of Coordinative Abilities Of Basketball Players At Different Levels Of Competition" International Journal Of Behavioral Social And Movement Sciences, July 2013, Vol.02, Issue03, ISSN: 2277-7547.
20. **Dr. Amarpreet Singh**, Dr. Nishan Singh Deol (2013) "Study of Psychomotor Variables of Basketball Players at Different Levels of Competition" Futuristic Trends in Physical Education, Vol. 1, January 2013, ISBN: 978-93-80144-62-7.

21. Mr. Ashutosh, **Dr. Amarpreet Singh**, Mr. Charan Singh (2013) "Does the Media Impact Athletic Performance" Futuristic Trends in Physical Education, Vol. 111, January 2013, ISBN: 978-93-801444-71-9.
22. Pushpinder Singh, **Dr. Amarpreet Singh** & Gulab Singh Ruhel (2013) "Panic Disorder: A short Time Mental Imbalance" Futuristic Trends in Physical Education, Vol. 111, January 2013, ISBN: 978-93-80144-71-9.
23. **Amarpreet Singh**, Dr. Nishan Singh Deol (2012) "Study of Physiological variables of Basketball Players at different levels of Competitions" International Journal of Behavioral Social and Movement Sciences, July 2012, Vol.1, Issue03, ISSN: 2277-7547.

### **National Publications in Journals/ Books:**

1. **Dr. Amarpreet Singh** (2014) "Evaluation of Different Motor abilities Among College Level Volleyball and Handball Female Players" Proceeding Wellness Through Physical Activity: Future Perspective, January 2014, ISBN: 978-93-8014-512-9.
2. Dr. Nishan Singh Deol, Dr. **Amarpreet Singh** and Navdeep Singh (2013) "Comparison of Vital Capacity between Soccer and Basketball Players" Journal of Physical Education and Allied Sciences. Vol-3, Issue-2 December 2013, ISSN 22307397.
3. Mandeep Singh, **Amarpreet Singh**, Dr. Nishan Singh Deol (2012) "Kinematical Analysis of Overhead Serve in Volleyball by Using Motion Analyzing Software" Journal of Sports Research, Vol. 1, No.1, April, 2012, PUNENG01366, NIS Patiala.
4. J. N. Balia, **Amarpreet Singh**, Mrs. Devendri (2011) "A study of Life Satisfaction and Emotional Competence Among female Physical Education School Teachers of J&K". Journal of Physical Education and Yoga, Vol. 2, No. 1, Jan. 2011, pp.25-26, ISSN 0975-9301.
5. **Amarpreet Singh**, Dr. Hartej Singh, Dr. R.S. Sindhu (2010) "Relationship between Mood, Cohesion And Satisfaction With Performance Among Soccer Players" Journal of Movement Edu. And Sports, Vol. 2, July 2010. ISBN 978-81-908949-5-1.
6. Dr. Sanjit Sardar, **Amarpreet Singh** (2010) "An Exploratory Investigation of Superstition, Personal Control, Optimism and Pessimism In University Athletes" Journal of Movement Edu. And Sports, Vol. 2, July 2010. ISBN 978-81-908949-5-1.
7. **Amarpreet Singh**, Kuldeep Kaur & Manmeet Gill (2008) "Relationship of Leg and Back Strength on High Drive Kick of Female Soccer Players" Journal of Movement education and Sports, Vol. 1, June 2008, pp 56-66.
8. Nishan Singh Deol, Hardeep Singh, **Amarpreet Singh** (2008) "Comparative Study of Anxiety and Motivation between Players and non players of Punjabi University" Journal of Health, Physical Education, Recreation, year-3, Issue-7, March- 2008, Bhopal.

### **BOOKS PUBLISHED: Co-Editor of Five Books**

1. Futuristic Trends in Physical Education (2013), Vol. I, 21<sup>st</sup> Century Publication, Patiala 2013. ISBN: 978-93-80144-62-7.
2. Futuristic Trends in Physical Education (2013), Vol. II, 21<sup>st</sup> Century Publication, Patiala 2013. ISBN: 978-93-80144-63-4.
3. Futuristic Trends in Physical Education (2013), Vol. III, 21<sup>st</sup> Century Publication, Patiala 2013. ISBN: 978-93-80144-71-9.
4. Futuristic Trends in Physical Education (2013), Vol. IV, 21<sup>st</sup> Century Publication, Patiala 2013. ISBN: 978-93-801444-70-2.
5. Wellness through Physical Activity: Future Perspective (2014), 21<sup>st</sup> Century Publication, Patiala 2014. ISBN: 978-93-8014-512-9.

### **SEMINARS/ CONFERENCES AND WORKSHOPS ATTENDED AND PAPER PRESENTED:**

<b>Sr. No</b>	<b>Seminar/ Conferences/ Workshop</b>	<b>Venue</b>	<b>Period</b>
1.	National Seminar on Emerging Trends in Physical Education.	Punjabi University, Patiala	December(2006)
2.	National Workshop on Sports Excellence	G.N.D.U. Amritsar, Punjab	October(2007)
3.	National Conference on Holistic Approach to Health & fitness	Punjabi University, Patiala	February(2008)
4.	Workshop on Kin anthropometry and Soft Tissue Manipulations	Punjabi University, Patiala	February(2008)
5.	National Seminar on "Sports, Exercise, Health Connections"	Punjab University, Chandigarh	February(2008)
6.	National Conference on Scientific Temperaments	Bhagho Majra, Punjab	November(2008)
7.	National Conference on Physical Education in 21 <sup>st</sup> Century	Mata Gujri College, Fatehgarh Sahib	February (2011)
8.	SPAI Sponsored National Conference In Sports Psychology	Bhagho Majra, Punjab	January (2012)
9.	International Forum of Physical Education and Sports Sciences	Panjab University, Chandigarh	October(2012)
10.	International Congress On Contemporary Enrichment in Physical Education And Sports ICCEPES-2012	Dept. Of Physical Education, University of Mumbai	January (2012)
11.	National Conference on 'Role of Physical Activities and Sports in Balancing Education	I.G.I.P.E.S.S, Delhi	January (2013)
12.	Global scientific conference on physical education, health & sports science.	G.N.D.U. Amritsar, Punjab	January (2013)
13.	International Conference on Futuristic Trends in Physical Education.	Punjabi University, Patiala	January (2013)

14.	National Conference on Wellness through Physical Activity: Future Perspective	Punjabi University, Patiala	January (2014)
15.	National Seminar on Yoga Health, Wealth and Fitness	Rajesh Pilot Govt. College, Dausa, Rajasthan	December(2014)
16.	International Conference on Physical Education and Sports Science	Dept. of Physical Education, JECRC University Jaipur	January (2015)
17.	National Conference On Physical Education: Emerging Trends In Sports And Health Sciences	Dept. of Physical Education, C.D.L University, Sirsa	March (2015)
18.	International Conference on Physical Education, Health and Sports Economics	Sri Guru Granth Sahib World University, Fatehgarh Sahib	March (2015)

### **SESSION CHAIRPERSON/CO-CHAIRPERSON AT CONFERENCES:**

1. Co-chair the Session at International Conference On Global Excellence In Fitness And Sports Science, Organized At JECRC University, Jaipur On 6<sup>th</sup> & 7<sup>th</sup> January, 2015.
2. Co-chair the Session at National Conference On Global Excellence In Fitness And Sports Science, Organized At JECRC University, On 6<sup>th</sup> & 7<sup>th</sup> January, 2015.
3. Co-Chair the Session at National Conference on Physical Education in the 21<sup>st</sup> Century, Organized by Arya College Ludhiana Punjab in March 2009.

### **LEAD PAPER AT CONFERENCES:**

1. Lead paper at International Conference on Global Excellence in Fitness and Sports Science, Organized at JECRC University, Jaipur On 6<sup>th</sup> & 7<sup>th</sup> January, 2015.

### **STUDENTS REGISTERED/ ENROLLED: (Ph.D Degree)**

1. Teketel Abrham Kabiso “Effect of Peer Learning and Specialized Training on Selected Games Performance on Students of Bahir University, Ethopia”.**(Foreign student)**
2. Satnam Singh
3. Jaspreet Kaur
4. Navdeep Singh
5. Saravjeet kaur
6. Upma Bhagat

**STUDENTS SUPERVISIED: (M.Phil Dissertation)**

1. Chandni Jaswal (2014), "Comparative Study of Selected Anthropometric Variables And Somatotype Profile Between Active And Sedentary Females Of Punjabi University, Patiala".
2. Gurupreet Singh (2014), "Comparison of Anthropometric Variables of Various Playing Positions in Football".
3. Amanpreet Singh (2014), "Comparative Study of Selected Anthropometric Variables and Somatotype Components of Footballers and Cyclists of Punjabi University, Patiala".
4. Madhu Dhadwal (2015), "Diagnostic Study of Selected Physical Fitness And Physiological Variables Of Sedentary, Active, Deaf And Dumb School Going Girl Students".
5. Harman brar (2015), "

**STUDENTS SUPERVISIED: (M.P.Ed. Dissertation)**

- i. Comparative Study of Selected Motor Abilities and Physiological Variables of Hockey and Football Male Players (2008) Gurdeep Singh.
- ii. Relationship of Leg and Back Strength on High Drive Kick of Female Soccer Players (2008) Baljeet Kaur.
- iii. Comparison of body mass index among employees of Punjabi university (2009) Harpreet Singh.
- iv. Analysis of nutritional profiles of winner and loser north-zone soccer players (2009) Amardeep Singh.
- v. A comparative study of anthropometric variables and muscular endurance between national style and circle style kabaddi players (2010) Harpreet Singh.
- vi. Comparative study between college level softball and baseball female players for their motor fitness level" (2013) Surinder Singh.
- vii. Comparative study of national camp throwers and sprinters in relation to their physical fitness variables (2013) Atinder Bikramjit Singh Mal.
- viii. Comparative study of anxiety and social maturity among master of physical education students of Punjabi university, Patiala and Prof. Gursewak Singh Govt. College of Physical Education Patiala (2013) Aman Joshi.

**SPORTS ACHIEVEMENTS:****BASKETBALL:**

- i. All India Interuniversity held at G.K.V Haridwar in 2003-04--  
RUNNERS UP

- ii. ALL India Interuniversity held at Utkal University In 2004-05--  
RUNNERS UP
- iii. National Championship held at Patiala in 1998--THIRD PLACE
- iv. National Championship held at Chandigarh in 1997--THIRD PLACE
- v. National Championship held at Bangalore in 1994--GOLD MEDAL
- vi. National Championship held at Trivendrumpurm in 1993--GOLD  
MEDAL

**NETBALL:**

- i. All India Interuniversity held at Punjabi University, Patiala in 2004-05--  
- WINNERS
- ii. All India Interuniversity held at G.N.D.U. Amritsar in 2003-04--  
RUNNERS UP
- iii. All India Interuniversity held at G.N.D.U. Amritsar in 2002-03-- THIRD  
PLACE

**KORFBALL:**

- i. All India Interuniversity held at Punjabi University, Patiala in 2004-05--  
- WINNERS
- ii. All India Interuniversity held at G.N.D.U. Amritsar in 2003-04--  
RUNNERS UP

**ADDITIONAL DUTIES / INFORMATIONS:**

- 1. Working as Warden of Banda Singh Bahadur hostel, Punjabi University, Patiala from 2010 till now.
- 2. Organized one International and five National Conferences and 2 Workshops.
- 3. Deputy Superintendent Duties for various entrance tests.
- 4. External Examiner for various Physical Education tests.
- 5. Paper setter for Masters and Bachelor degrees in Physical Education.
- 6. Member of Board of Post Graduate studies in Physical Education, Punjabi University Patiala.
- 7. Member of Faculty of Education and Information Sciences.
- 8. Member of Board of Under Graduate Studies in Physical Education, Punjabi University Patiala.
- 9. Member of Under Graduate Panel for Lovely Professional University.
- 10. Has attended one Orientation and one Refresher course.

**Date**

**Amarpreet Singh**